

Residential Cleaning Checklist

Professional Residential Cleaning Checklist From YD Commercial Cleaning Services, Adelaide

Daily Quick Clean (15-30 minutes)

Kitchen

- Wash dishes or load dishwasher
- Wipe down counters
- Sweep floor
- Empty trash bin

Living Areas

- Tidy up and put items in place
- Quick vacuum high-traffic areas
- Fluff pillows and fold throws

Bathrooms

- Wipe sink and mirror
- Quick toilet clean
- Empty trash

Weekly Deep Clean

Kitchen

- Deep clean stovetop and oven
- Clean inside microwave
- Scrub sink and faucet
- Wipe cabinet fronts
- Mop floor

Bathrooms

- Scrub toilet, tub, and shower
- Clean tile grout
- Sanitize counters and sink
- Wash mirrors and fixtures
- Mop floors
- Refill soap and towels

Bedrooms

- Change bed sheets
- Vacuum carpets and under bed
- Dust surfaces and shelves
- Wipe light switches

Living Areas

- Vacuum all carpets and rugs
- Dust all surfaces and picture frames
- Clean windows and sills
- Wipe light switches and door handles

Entryways & Hallways

- Sweep and mop entry area
- Clean door and windows
- Dust baseboards

Monthly Deep Clean

- Clean inside refrigerator
- Deep clean oven
- Clean under sofa and furniture
- Wash window blinds/curtains
- Deep clean carpets
- Clean ceiling fans
- Wipe down baseboards
- Clean light fixtures

Home Cleaning Tips

- ✓ Declutter First: Remove items before cleaning for easier access and faster work.
- ✓ Work Top to Bottom: Start from ceiling and work downward to avoid re-cleaning.
- ✓ Use Timers: Set time limits to stay focused and motivated.
- ✓ Keep Supplies Handy: Have all cleaning products ready before starting.
- ✓ Use Right Products: Different surfaces need different cleaners for best results.

Prefer professional help?